

North on 203rd to Golden Ears Way/128th Ave, East on Golden Ears way/128th Ave to 132nd Ave/210 St,
North and then West on 132nd Ave/210 St to Neaves, North on Neaves to the Dykes,
West on the Dykes, Follow the Dykes all the way to the Pitt River Bridge and then under it to the Dykes on the South side,
Continue on the Dykes past the mill and the airport and follow the lower trail that starts at Baynes to Bonson, North on
Bonson, East on Bruce, South on Blaney, East on Alouette Blvd following the path all the way back to the top of Southgate at
Airport Road, North on the trail across from Southgate to Hammond, East on Hammond back to traffic circle/bike/walk/run
path, South on the path to 113b, West at the traffic circle and onto the GE bridge, South on the bridge to the bottom of the
pedestrian ramp, East to the pedestrian ramp on the other side of the bridge, North on the bridge, exit to 113b Ave at the
traffic circle, East on 113b Ave to Kingston Street, North on Kingston to Stewart, East on Stewart to 113b/203rd, North on 203rd
to Fire Hall and walk back to RR