

South on 203<sup>rd</sup> > East on 118th Ave > South on 207th back to 203rd > South on 203rd/113b towards bridge > South on the bridge and down pedestrian ramp on the Langley side, and up the Ramp on the other side of the bridge > North on the bridge, take the first exit ramp towards Airport road > West on Airport road to Southgate > South on Southgate, with a quick turn East onto the path around to Alouette Blvd > North on Blaney Way > West on Bruce South on Bonson to river front path by Osprey Village > East on the path to Harris Road > North on Harris to Airport Way > West on Airport way to Baynes > South on Baynes to the dykes > West on Dykes to Lougheed Highway > East on path beside Lougheed to McMynn Road > East on McMynn to 191 St. > South and then East on 191 St to Harris Road > South on Harris Road to Hammond Road > East Hammond to traffic circle and across the tracks to Dunn Ave. > East on Dunn Ave to West Street > South on West to path on south side of JH building > East on Path to Ashley Crescent > North-East on Ashley Crescent to Stanton Ave. > East on Stanton Ave stop and walk to 203rd and then back to RR.